

International Society for Affective Disorders  
Annual General Meeting  
6<sup>th</sup> March 2006.  
Alfa Corinthia Hotel, Lisbon, Portugal

## Minutes

### **Record of Attendees**

Kay Wilhelm  
Gustavo Vasquez  
Roumen Milev  
Steven Dilsaver  
Tetsuya Hirose  
Rachel Churchill  
Paula Clayton  
John Rush  
Sagar Parikh  
Nik Martin  
Phil Bishop  
Ray Lam  
William Coryell  
Chris Thompson  
Roger Pinder  
Jonathan Goodman Levitt  
Caroline Holebrook (Administrator & Minutes)

#### 1. Welcome from the President

Chris Thompson, the outgoing ISAD President opened the AGM and welcomed the participants.

#### 2. Investiture of the new President

Chris Thompson formally passed the Presidency of ISAD to Roger Pinder. Roger thanked Chris for all his work supporting and leading ISAD.

#### 3. ISAD Activities

##### **Advocacy Partnership Scheme**

Caroline Holebrook discussed the progress of the Advocacy Partnership Scheme which was launched in 2005.

The purpose of the recognised advocacy scheme is to bring together all interests in affective disorders in a powerful international alliance to defeat ignorance, prejudice and political apathy and poor care in these highly disabling conditions.

The scheme aims to promote awareness of the conditions and disseminate research about treatments to health workers and the public. Linking up advocacy groups with scientists and clinicians lends credibility at a national and international level. The over arching aim of the scheme is to develop a robust network of organisations at a global level in order to become a major influence on national governments and other large policy making organisations

Members to date:

- ABRATA - Brazilian Society for Affective Disorders
- Anxiety Care - UK
- Aware – Dublin, Eire
- Balance NZ Bipolar Network – New Zealand
- Bipolar Fellowship Scotland
- Black Dog Institute - Australia
- National Phobics Society & Destigmatize.org.uk
- The Mood Disorders Society of Canada
- PrimeHE - Primary Care Mental Health Education - UK
- No More Panic – UK

This gives ISAD access to 8,900 patients and professionals.

ISAD has a target to double the number of partners by the end of 2006.

Chris Thompson, Chair of the External Affairs Committee discussed how ISAD and its partners have declared their commitment to work together on a series of campaigns to raise awareness and reduce the stigma of affective disorders. ISAD brings to the partnership high scientific credibility from across the range of disciplines and professions. Through it's conferences, workshops and regional meetings, through the *Journal of Affective Disorders*, the newsletter and website and through collaboration with sister scientific societies ISAD can distil up to date data to create new media campaign messages with great integrity.

### **First ISAD Regional Meeting held in Argentina, August 2005**

Caroline reviewed this event for the AGM which was coordinated by Dr Gustavo Vazquez and showed some photos taken during the event.

### **Committee Reports**

Each of the ISAD Committee Chairs reported on the discussions and actions that had been agreed during their meetings. Full minutes of each of these meetings are included in the accompanying AGM documents.

### **Upcoming meetings**

ISAD has upcoming meetings in Milan, in May and Basle in June 2006.

## 4. ISAD Strategy

Roger outlined some important areas for development during his Presidency.

### **Sponsorship**

ISAD recognises that Organon, as our main sponsor, have been extremely supportive. However, in the longer term it is desirable to have more than one sponsor in order to reduce the risks surrounding long term funding commitments. Organisations such as private medical insurers, private medical providers, large employers and other foundations as well as the pharmaceutical industry should all be considered as potential funders and collaborators.

Roger told the AGM that one of his key priorities is to broaden the spectrum of ISAD's funders and increase income from these sources.

### **Recruitment**

The AGM agreed that ISAD should encourage young researchers to become members and eventually Fellows of the Society. Several strategies have been developed by the Education, Membership and Programme Committees to encourage this.

## 5. Finance

Caroline, on behalf of the Treasurer, explained to the AGM that ISAD is required, by law, to submit its accounts to The Charity Commission and Company House in the UK. These accountants are public documents and available for public scrutiny.

The AGM was able to see from the figures that the Society is financially healthy. ISAD is required to have a minimum of two years operational funding in reserve at all times as part of its compliance to UK charity law. This accounts for a substantial proportion of the balance.

### **Extract from ISAD Accounts 2004/05**

THE INTERNATIONAL SOCIETY FOR AFFECTIVE DISORDERS (ISAD)

STATEMENT OF FINANCIAL ACTIVITIES

for the period from 2nd February 2004 to 28th February 2005

Notes

### Summary Income & Expenditure Account

#### INCOMING RESOURCES

Membership Subscriptions	7,106
Donations	138,373
Conference Surplus	93,988
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	239,467
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#### RESOURCES EXPENDED

<u>Costs of Generating Funds</u>	
Fundraising & Publicity	18,320
<u>Charitable Expenditure</u>	
Direct Charitable Expenditure	59,556
Management and Administration	22,019
	-----
	99,895
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	£139,572
	=====
Net Movement in Funds for the Period	139,572
Total Funds: Brought forward: Adjustments	70,551
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Total Funds: Carried forward	£210,123
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## 6. JAD Update from Phil Bishop, Publishing Editor

Phil was pleased to report further improvements to the publishing speed of the Journal. The publication speed of a journal is an important aspect especially for authors and readers, so it is very important to maintain these healthy figures.

Publication on-line on ScienceDirect is even faster:

From acceptance to appearance online (as an uncorrected proof, with citable DOI) is 7 weeks (min 3, max 40 weeks) and acceptance to publication online with full bibliographic details mean is 19 weeks (min 5, max 98 weeks).

## 7. Election of the ISAD Treasurer

Ray Lam, the current Treasurer is standing for re-election as ISAD Treasurer.

Dr Pinder acted as the motion proposer

Dr Thompson acted as seconder

Dr Ray Lam was re-elected by the AGM unopposed.

## 8. Election of Executive Committee Members

Cornelius Katona & Jan Scott both stood for re-election as Executive Committee members and Company Directors

Dr Pinder acted as the motion proposer for Prof Cornelius Katona

Dr Thompson acted as seconder

Prof Katona was re-elected as an Executive Committee member and Company Director unopposed

Dr Pinder acted as the motion proposer for Prof Jan Scott

Dr Thompson acted as seconder

Prof Scott was re-elected as an Executive Committee member and Company Director unopposed

#### 9. Nominations for ISAD Company Secretary

As Roger is now President, his post of Company Secretary is now vacant. The administrator will collect nominations. An election will be held via the internet to allow all Fellows an opportunity to exercise their vote.

#### 10. Conference 2008

The ISAD 4<sup>th</sup> Biennial Conference will be held in Cape Town, South Africa.

#### 11. Members proposed resolutions

The members proposed that a full Council meeting should be attempted at a mutually suitable venue during 2006.

**Action:** Caroline will poll Council members to gauge where this meeting should take place.