

Newsletter



ISAD

International Society for Affective Disorders

Letter from the President

I am delighted to have been elected to the Presidency of ISAD, and I would like to thank all those who supported my candidacy with a special debt to Norman Sartorius who put forward my nomination. Having been involved in the original discussions about setting up the Society, being one of the Founding (now Distinguished) Fellows, and acting as the first Secretary to ISAD I feel particularly qualified to carry on the good work of Chris Thompson.

ISAD is the premier society in the affective disorders, covering the whole spectrum of disease and including science, education and advocacy. We should be proud of what we have achieved so far, and I promised to expand membership, continue our successful conferences in the best possible manner, and broaden the basis of our financial

support while maintaining our independence. In fact membership has grown to over 300. We have held three successful conferences in attractive locations, where scientific and social aspects have melded to make them so memorable that people want to come back next time around. And come back they will to our 2008 Conference which is to be held in the lovely city of Cape Town. There is already promise of a great scientific programme in the quality of the symposia and plenary proposals, which will be honed to manageable proportions by Beni Lerer and his Programme Committee. An opportunity to visit Cape Town is not to be missed, and it is inevitable that ISAD will experience a substantial degree of congress tourism. As long as delegates attend the sessions I would encourage them not only

to see the sights of Cape Town but to spend longer and enjoy the delights of South Africa.



Dr Roger Pinder

We are already in discussions about broadening the basis of our financial support, so that ISAD is no longer dependent on a limited number of sponsors – for Cape Town, for example, we expect to have a raft of sponsors some of whom we hope to keep as long-term supporters of the Society. Our independence, multidisciplinary character and the quality of the membership coupled to an excellent journal and wonderful conferences offer unique opportunities to make an impact upon events in the world of Affective disorders.

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- JAD Update
- World Mental Health Day
- 8th USA National Survivors of suicide day
- Regional meeting report
- Conference report
- Training events
- Election of ISAD Company Secretary

ISAD - World Psychiatric Association Section Status

ISAD embodies the WPA Section for Affective Disorders and supports its administration.

ISAD brings together researchers from different disciplines and facilitates the development of a rational re-

search agenda in the field.

Dr Sagar Parikh, Canada and Prof Cornelius Katona, UK are the section co-chairs.

Caroline Holebrook, ISAD Administrator, serves as the section secretary.

ISAD works closely with other WPA sections to improve collaborations and networks at an international level.





Report: International Workshop on new techniques for the Clinical Psychiatrist

Milan, May 11th & 12th 2006 S.Raffaele Congress Centre

By Dr Francesco Benedetti

First of all thank you so very much for coming to our last-minute international workshop! The scientific level was great, and the success of the meeting was far beyond any expectation.

We had more than two hundred delegates, and many students and residents coming and going. We received very positive feedback in terms of interest and requests for further educational interventions in the field. These numbers and requests are a record for a workshop of this kind, and have been due to the high scientific level of the presentations.

Direct discussion among the speakers allowed the comparison of data and methods, and the beginning of new and productive collaborations. We consider this to be the major benefit of the meeting.

Participants agreed that these new psychiatric techniques will be the future standard, not only for scientific development and the acquisition of new knowledge, but also for the future treatment and diagnostic options.

Consensus statements about these issues are in production and will appear shortly.

Report: 2nd Biennial Conference of the International Society for Bipolar Disorders

Edinburgh, 2nd to 4th August 2006

By Caroline Holebrook

ISAD and the International Society for Bipolar Disorders have a strong collaborative relationship that encourages scientific communication between both communities.

ISAD held a symposium during the ISBD conference, continuing the established tradition, led by Prof Jan Scott. The speakers were drawn from ISBD and ISAD Fellows. The session examined various areas of recent research.

Michael Berk, University of Melbourne, discussed the review process that the ISBD has undertaken of diagnostic classifications and examined the accumulating evidence that may indicate the need

to amend certain criteria.

Tasha Glenn from the ChronoRecord Association discussed the use of technology, specifically the ChronoRecord, to explore the course of bipolar disorder

Francesc Colom from the Bipolar Disorders Program, Barcelona discussed the usefulness of psychoeducation to improve treatment adherence and clinical outcome of bipolar patients.

The session was well attended and promoted thoughtful discussion.

ISAD has been invited to present again during the next ISBD conference to be held in Agra, India in January 2008.

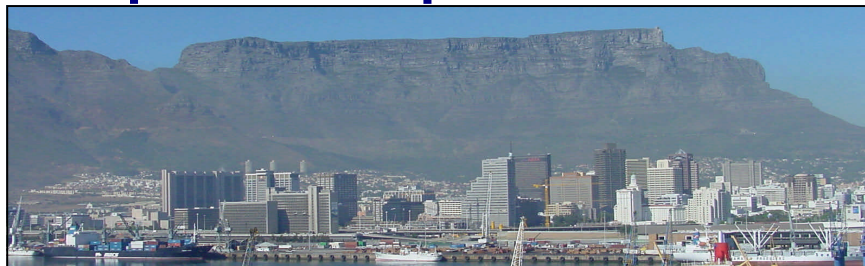


**2nd Biennial Conference
of the International Society for Bipolar Disorders**

Edinburgh, Scotland, August 2-4, 2006

4th Biennial Conference 2008 Cape Town Update

ArabellaSheraton

Cape Town and
Table Mountain

ISAD President Roger Pinder and administrator Caroline Holebrook traveled to Cape Town in July to make the final onsite arrangements for the 4th Biennial Conference to be held 14th to 17th March 2008. Roger and Caroline had meetings with many local contacts and scientists from the local academic community.

Cape Town is developing a great reputation as an international conference venue. The facilities in the Arabella Sheraton, the conference venue, are world class.

Cape Town has a range of accommodation available to suit all budgets from the glamorous five star international hotels to modest, cosy B&B's.

With its stunning location, tucked into the arms of a broad bay, surrounded by wild, white-sand beaches and set against the canvas of Table Mountain, Cape Town is one of the most beautiful cities in the world.

We look forward to welcoming you.

"...tucked into the arms of a broad bay, surrounded by wild, white-sand beaches..."



CINP 2006

ISAD traveled to the CINP 2006 conference in Chicago in July to meet new Fellows and promote the Society.

ISAD President, Dr Roger Pinder, is the outgoing treasurer of the CINP, is keen to raise ISAD's profile with colleagues on the global scene. CINP offered ISAD a wonderful opportunity to meet scientists from around the world at this prestigious meeting.

From Left to right, Mike Mitchell, Executive Director, CINP, Dr Roger Pinder, ISAD President, Phil Bishop, JAD Publishing Editor, Caroline Holebrook, ISAD Administrator & Dr David Hackett at the opening ceremony.

ISAD Company Secretary Elections

ISAD will open the voting for the ISAD Company Secretary on the 3rd October 2006. ISAD is pleased to offer the Fellowship the choice of two extremely capable scientists, both with excellent experience and qualifications for the role. The closing date for voting is 17th October 2006. The winner will be announced on the 20th October 2006.

How to vote

Log in to the ISAD website

To cast your vote click
"Election Voting"
from the main menu.

From here you can read about the candidates and cast your vote.



Advocacy News & Events

“WMHD encourages the global mental health community to make reducing the risk of suicide a high priority”

World Mental Health Day: 10th October 2006

Building Awareness - Reducing Risk: Mental Illness and Suicide

The World Federation for Mental Health is holding the fourteenth annual World Mental Health Day on October 10th. The theme for this year's global campaign addresses one of the world's most pressing public health problems - the high prevalence of suicide among people with a mental illness.

On October 10th mental health services, education and advocacy groups in over 100 countries will hold events that will bring these issues to the attention of the general public,

primary healthcare professionals, public health officials and policy makers. The campaign combines both education and advocacy strategies intended to improve public understanding and attitudes about people with mental illnesses and to encourage government officials to increase the effort necessary to direct more resources towards addressing the early recognition and treatment of mental health problems.

Focusing the theme for this year's World Mental Health Day campaign on

mental illness and suicide sends a powerful message to counter the all too often held perception that mental illnesses are a secondary health concern that can be delayed until more immediate and pressing health care issues have been addressed. Left untreated, mental illnesses can be fatal, and thus they must be addressed as an issue of utmost importance.

To find out more visit:

World Federation for Mental Health at:
www.wfmh.org

Eighth Annual National Survivors of Suicide Day

18th November 2006

On Saturday, Nov. 18, AFSP will sponsor its eighth annual National Survivors of Suicide Day, reaching out to tens of thousands of people who have lost a loved one to suicide. The day of nationwide conferences will connect survivors through a satellite and Internet broadcast, allowing survivors to share their experiences of loss.

All local conferences will join in the broadcast (1-2:30 p.m. EST), which will offer emotional support to survivors and information about resources for healing. The broadcast will feature a panel of experienced survivors and mental health professionals, including AFSP Survivor Council Chair Mary Pat McMahon, AFSP Medical Director Dr. Paula J. Clayton and Dr. John R. Jordan, founder and director of the Family Loss Project.

For those survivors who don't live near a conference site or who find it difficult to attend in person, the 90-minute program will also be broadcast on the AFSP website www.afsp.org, from 1-2:30 p.m. eastern time, with a live online chat immediately following the broadcast. The program will also be archived on the website for a full year afterwards, so survivors can watch it free of charge, anytime.

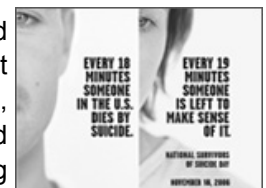
"This national day is both meaningful and helpful to the survivors that participate," AFSP Director of Survivor Initiatives Joanne Harpel said. "It is a day of remembrance that provides survivors with a unique avenue to connect with others who have survived this tragedy of suicide loss."

Many of the local conference sites are planning their own programs around the broadcast, including panels

and breakout groups, all aimed at helping survivors

heal. Select sites will also hold workshops for professionals.

National Survivors of Suicide Day is part of a growing movement toward educating the public about suicide and its aftermath. Through AFSP's sustained efforts and awareness campaigns, Americans are increasingly focused on the national crisis of suicide. The hope is that participation in the Nov. 18 conference will further this movement, encouraging survivors throughout the country to share their experiences and join together in the healing process.



“This national day is both meaningful and helpful to the survivors that participate”

ISAD CBASP Workshop

Cognitive Behavioural Analysis System of Psychotherapy (CBASP) Workshop DGPPN Congress

Wednesday 22nd & Thursday 23rd November 2006

9am-5pm

International Congress Centre, Berlin



ISAD is pleased to offer a 2 day CBASP Workshop in collaboration with the DGPPN (Deutsche Gesellschaft für Psychiatrie, Psychotherapie und Nervenheilkunde) German society for psychiatry, psychotherapy and neurology, during their congress in Berlin.

ISAD Fellows will be able to register for the workshop for only €180. Attendance at the congress (German language) is available at an additional registration fee.

To book your place on the workshop please contact the ISAD administrator on:
isad@isad.org.uk

Places are limited and will be allocated on a first come first served basis.

The workshop will be led by Dr. James P. McCullough, Jr., Professor of Psychology & Psychiatry of Virginia Commonwealth University. The workshop will be delivered in English.

Journal of Affective Disorders

The official 2005 Thomson Scientific Impact Factors were released in June, ISAD and Elsevier are pleased to report that the 2005 Impact Factor of the Journal of Affective Disorders is 3.078, a marked increase from 2004's 2.703.

The opportunity to have an online only subscription to the Journal has been widely taken up by the Fellowship. Hard-copy subscriptions are still available, there is a small additional fee which covers the print and postage costs.



Academic Activities

"...the 2005 impact factor of the Journal of Affective Disorders is 3.078"

Neuropsychiatric Disease and Treatment

A New Journal

Neuropsychiatric Disease and Treatment is a new journal edited by ISAD President, Roger Pinder, with another ISAD Fellow, Allan Young, as Associate Editor. Now into its second year and fully indexed. ND&T is the official journal of the International Neuropsychiatric Association.

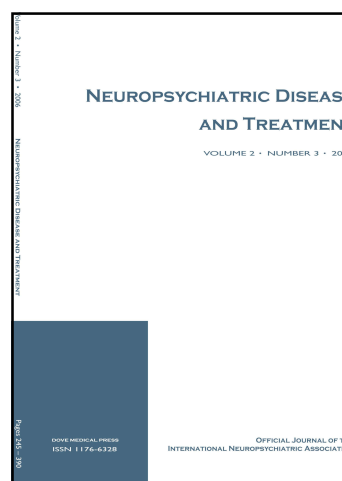
An international, peer-reviewed journal of clinical therapeutics and pharmacology focusing on

concise rapid reporting of clinical or preclinical studies on a range of neuropsychiatric and neurological disorders.

The journal is dedicated to spanning neurology and psychiatry with a focus on clinical research.

To submit a paper please contact Dr Pinder at:

roger.pinder@dovepress.com



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