Letter from the President

Welcome to this update on the Society. ISAD has been enjoying a period of great activity over the last year with the arrival of a new administrator, achieving full UK charitable status, a face lift for the website and the launch of the 3rd Biennial Conference to name but a few.

First regional meeting

The 1st Regional Meeting of the International Society for Affective Disorders (ISAD) and 1st Ibero-Latino-American Meeting on Bipolar Disorders was organized by the Argentine Society of Biological Psychiatry (AAPB) with an unrestricted educational grant of GlaxoSmithKline Laboratories and the academic support of the International Society for Bipolar Disorders (ISBD).

The meeting was held in the Estancia “Villa María” in Buenos Aires, Argentina on August 27th 2005. The event was by invitation only, with a total of 40 participants highly specialized in affective disorders from Latin-America, Spain and Italy.

The topics covered including titles and speakers:

Costs and challenges of bipolar disorders in our region. Coordinated by Sergio Strejilevich, counsellor for Latin-America of the ISBD (Argentina). Speakers: Valentin Gentil (Brazil), Eduardo Correa (Chile), Anibal Goldchuk (Argentina) and Lorenzo Villalba (Paraguay)

Bipolar Depressions: What are we doing? Coordinated by Eduard Vieta (Spain), Rodolfo Zaratiegui (Argentina), Alvaro D’Ottone (Uruguay), Gerardo García Bonetto (Argentina) and José Luis Ayuso Gutierrez (Spain)


The horizontal format of the meeting has resulted in an excellent level of discussion and interchange of knowledge on the affective clinical and therapeutic field. I hope that the 1st Regional meeting of ISAD will serve as a platform for future meetings that will enriched our practice globally.

ISAD Recognised Advocacy Scheme

The purpose of the recognised advocacy scheme is to bring together all interests in affective disorders in a powerful international alliance to defeat ignorance, prejudice and political apathy and poor care in these highly disabling conditions.

The scheme aims to promote awareness of the conditions and disseminate research about treatments to health workers and the public.

Linking up advocacy groups with scientists and clinicians lends credibility at a national and international level.

The over arching aim of the scheme is to develop a robust network of organisations at a global level in order to become a major influence on national governments and other large policy making organisations.

Do you work with a patient group that you think we should know about? Please let us know on isad@isad.org.uk.
So where are we going for our 3rd Biennial Conference?

The capital of Portugal since its conquest from the Moors in 1147, Lisbon is a legendary city with over 20 centuries of history.

Boasting springtime temperatures during the winter and cool summers freshened by a breeze blowing in from the Atlantic, Costa de Lisboa, on the south western coast, offers a rich and impressively integrated diversity. The newly refurbished Corinthia Alfa Hotel was officially re-opened on 1st May 2004. Located in the heart of Lisbon’s financial district, the Hotel is within walking distance of two major shopping malls and 5 minutes by taxi from the historical city centre, where you will find a plethora of Lisbon’s finest restaurants, bars and night-clubs.

Lisbon’s International airport is 10 minutes drive away.

Registration is now open at www.isad.org.uk

ISAD at the 6th International Bipolar Disorder Conference, Pittsburgh, USA

ISAD’s first official conference outing was to the 6th International Bipolar Disorder Conference in Pittsburgh in June.

You can see the new exhibition stand in all its glory in the picture opposite.

Caroline staffed the stand during the conference making many useful contacts, meeting ISAD Fellows and attracting some new Fellows.
**Website facelift**

The ISAD website has been undergoing some behind the scenes changes during the last few months.

There is now an additional function to the Fellows Forum. When you post a message to the Forum the list will circulate the posting to all Fellows via an email.

This function must be enabled by each Fellow. To enable this function on your profile login to your account at: www.isad.org.uk and click “Edit your personal details” then simply tick in the “I would like to receive forum updates” box.

There is also a new ISAD Committees section where special interest groups can developed pages with literature citations and useful links.

**ISAD logo - New and improved**

Some of you may have noticed the new ISAD logo. The update was needed for several reasons. Firstly to improve the reproduction of the logo which previously was blurred and difficult to identify. Secondly it gives the Society’s image a more contemporary look. The image retains the globe and the suggestion of the eye sweeping round which is intended to symbolize the global nature of ISAD. The colour scheme which is becoming such an important recognition factor. We have also kept the blue image retains the all important ISAD acronym which is so distinctive. ISAD now has an exhibition stand in the new livery which you can see in the picture opposite.

**New administrator - Who, when, what, where?**

ISAD’s new administrator, Caroline Holebrook, arrived on the 10th January at ISAD’s new office at the Institute of Psychiatry, King’s College London.

Caroline’s previous role involved coordinating a London wide academic library training and development programme.

Caroline has been busy setting up the new office at the IOP and getting to know a few ISAD Fellows in the process. “It’s been a challenge pulling all the strands together within a new institution but the Fellows have been very patient and encouraging.” She said.

Caroline attended the 6th International Bipolar Disorders Conference in Pittsburgh in June and will be at the WPA Conference in Cairo in September. ISAD will have an exhibition stand at each event.

Caroline is looking forward to receiving feedback from Fellows regarding activities that they are involved in and on improvements which the Society could make.
## Membership Application

<table>
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<tr>
<th>Category:</th>
<th>Fellow</th>
<th>Affiliate Clinician</th>
<th>Junior Researcher</th>
</tr>
</thead>
</table>

Name: __________________________________________________________

Mailing address: ________________________________________________

________________________________________________________________

Telephone: ________________________ Fax: _________________________

The basic requirement for fellowship is two or more articles on related subjects containing original data that have been published in peer reviewed journals. The definition of a peer-reviewed journal will be sufficiently broad to encompass reputable journals in all disciplines and all countries. It will therefore include those working in a scientific capacity in Universities, Hospitals, Industry and other settings.

### Method of Payment

- [ ] BACS/Wire
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- [ ] Bill Me
- [ ] Visa
- [ ] MasterCard

Billing Address of Credit Card

Name

Address

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Zip/Postcode

Credit Card: ________________

Expiry ______ / ______

Card Security Number __________

Signature _______________________________________________________

Cheques can be accepted in sterling or other currencies. If you send a non sterling cheque please include an additional £10 fee to cover bank charges.

If you have any queries about membership please contact the administrator.

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**International Society for Affective Disorders**

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### Membership Rates

The Society recognises that our membership is truly international and has a scaled fee structure to reduce the burden on those working in countries with economic stresses.

ISAD uses the World Bank Economic Categories - Zones A to D as follows:

- **Zone A** - Full Subscription £120
- **Zone B** - 25% reduction £90
- **Zone C** - 50% reduction £60
- **Zone D** - 60% reduction £48

Please contact the administrator to check your Zone!

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Thank you for your support!